



ALTERNATIVE MILK PERMISSION REQUEST

In accordance with **Rule 5101:2-13-22 Appendix C of the Ohio Administrative Code**: the licensed family childcare provider is to ensure that children are served fluid milk unless the parent provides written instructions by a licensed physician, physician's assistant (PA), advanced practice registered nurse (APRN) or certified nurse practitioner (CNP).

Please see the below list of age-appropriate fluid milk sections that meet ODJFS requirements.

AGE	FLUID MILK REQUIREMENT
Infants up to twelve months of age	<ul style="list-style-type: none"> • Formula • Breast milk
Infants and toddlers twelve months of age up to twenty-four months of age	<ul style="list-style-type: none"> • Unflavored whole homogenized vitamin D fortified cow's milk • Breast milk at parent's request, without written instructions from a licensed physician, PA, APRN, or CNP • Non-cow milk substitutions that are nutritionally equivalent to milk, with written parental consent
Toddlers and children twenty-four months of age and older	<ul style="list-style-type: none"> • Unflavored one per cent milk that is vitamin A and D fortified • Unflavored fat free or skim milk that is vitamin A and D fortified • Non-cow milk substitutions that are nutritionally equivalent to milk, with written parental consent

The following permission must be signed accompanied by the written instructions stated above. Also, you are required to bring a commercially packaged single serving for each meal your child is in attendance for.

Each individual serving MUST be labeled with your child's first and last name.

Please list milk alternative you will be providing: _____

Please explain reason for alternate milk:

PARENT NAME

PARENT SIGNATURE

DATE

Note: The licensed family childcare provider is not to use reconstituted dry powdered milk as a beverage unless the parent provides written instructions by a licensed physician, PA, APRN, or CNP.